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EMPOWERED – Showcasing Result 4: The Empowered Community Platform

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The Empowered project

Empowering women for better employment - EMPOWERED

Erasmus+ KA220-ADU-Cooperation partnerships in adult education

Duration: 10.01.2022 – 09.01.2023



Partnership

Asociatia Culturala ARTEC, Romania - Coordinator

Comune di Castiglione del Lago, Italy

Found.ation, Greece

Mindshift, Portugal

Wisefour, Cyprus



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Main project results



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RESULT 1: State-of-the-art report on the obstacles women face to change their employment status

RESULT 2: EMPOWERED training programme for women

RESULT 3: EMPOWERED handbook for teachers and trainers

RESULT 4: EMPOWERED community platform



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Result 4: Empowered Community Platform



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THE EMPOWERED COMMUNITY PLATFORM

You can access the Empowered Community Platform at:

<https://platformempowered.org/>

Available Languages

English 

Romanian 

Greek 

Italian 

Portuguese 



Home Blog Posts Community Trainings  English 

Log in

Register



Empower, a multidimensional word

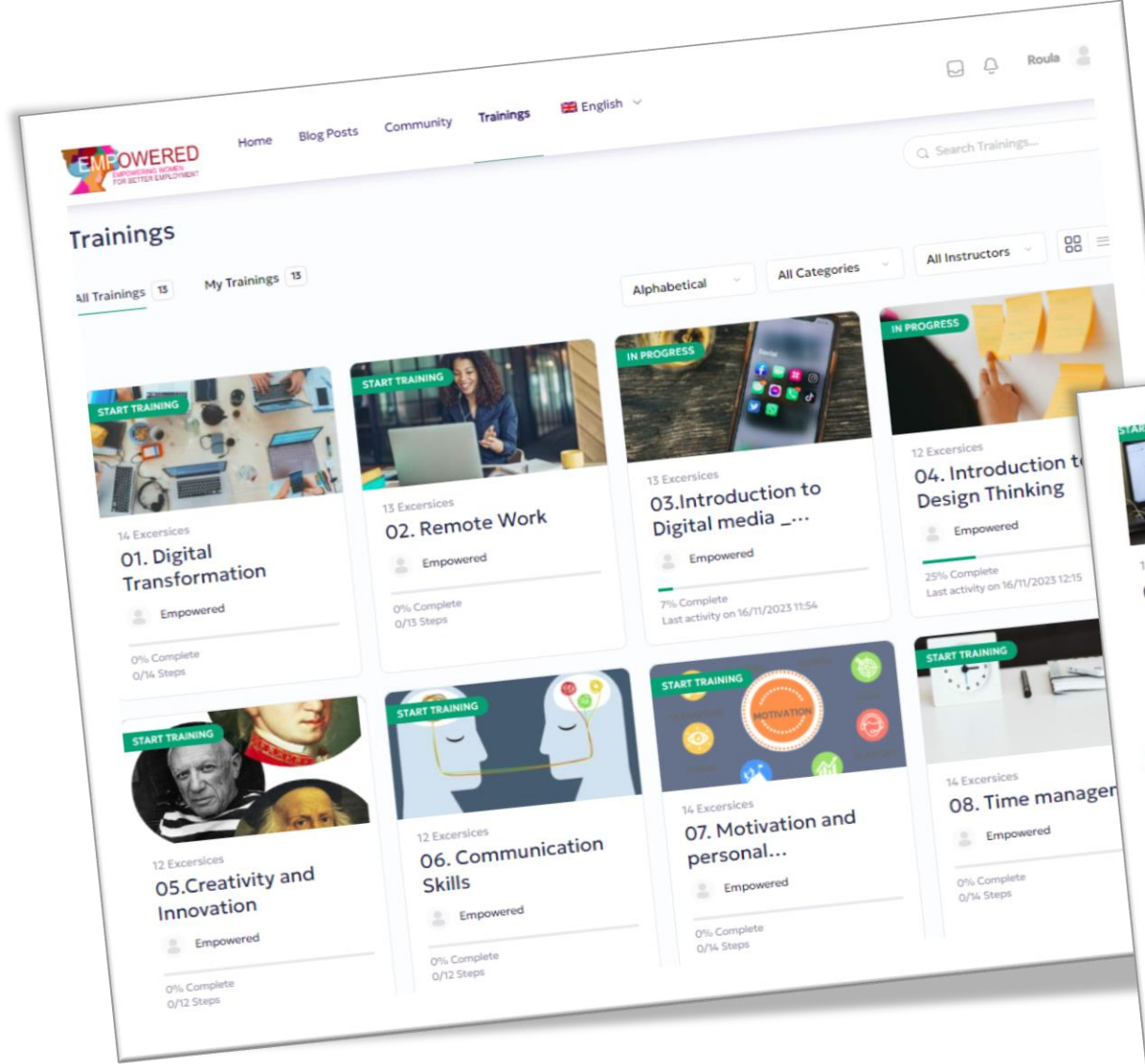
Register now



The project



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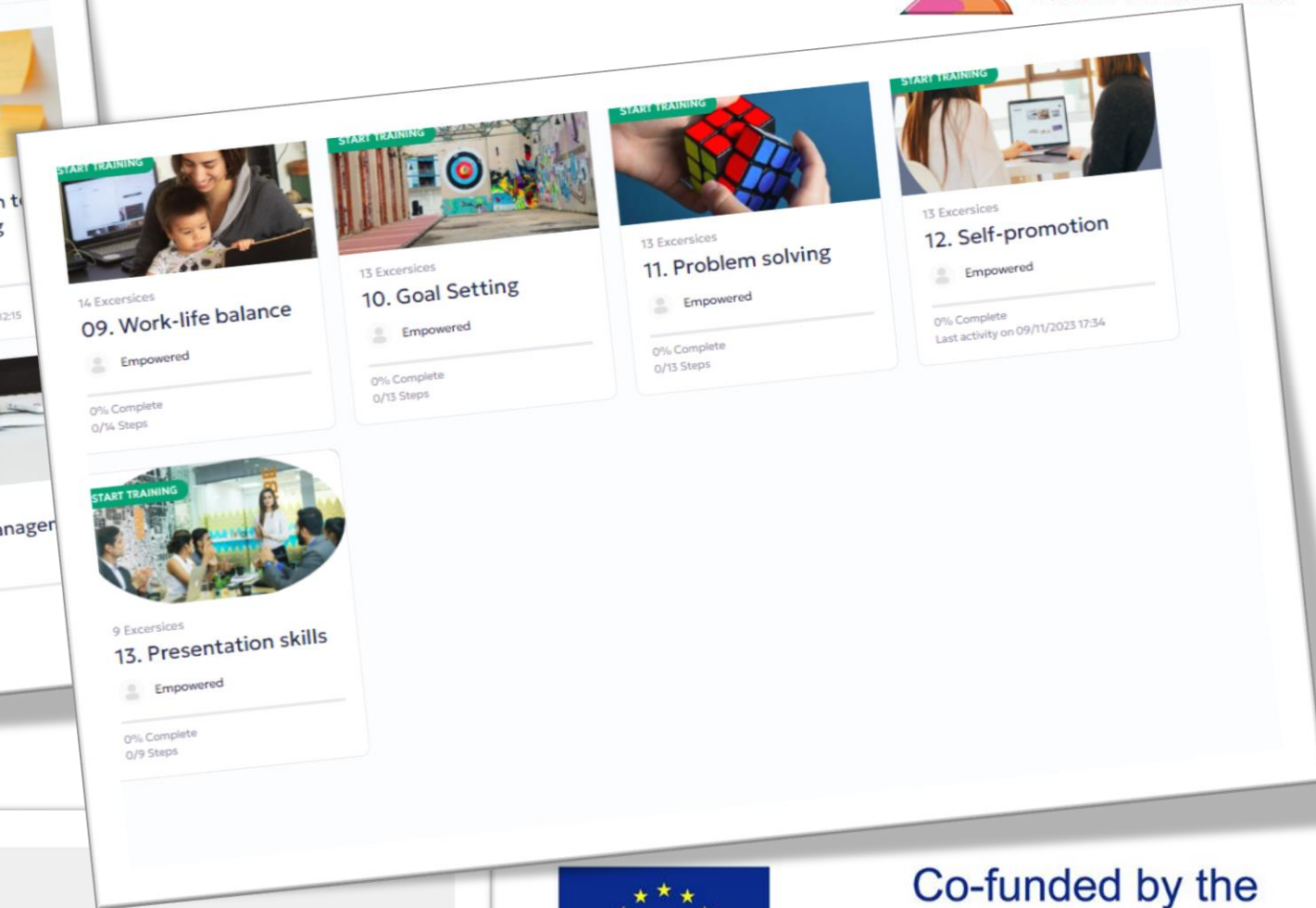
Home Blog Posts Community Trainings English

Search Trainings...

Alphabetical All Categories All Instructors

All Trainings 13 My Trainings 13

- 01. Digital Transformation**
14 Exercises
Empowered
0% Complete 0/14 Steps
- 02. Remote Work**
13 Exercises
Empowered
0% Complete 0/13 Steps
- 03. Introduction to Digital media ...**
13 Exercises
Empowered
7% Complete
Last activity on 16/11/2023 11:54
- 04. Introduction to Design Thinking**
12 Exercises
Empowered
25% Complete
Last activity on 16/11/2023 12:15
- 05. Creativity and Innovation**
12 Exercises
Empowered
0% Complete 0/12 Steps
- 06. Communication Skills**
12 Exercises
Empowered
0% Complete 0/12 Steps
- 07. Motivation and personal...**
14 Exercises
Empowered
0% Complete 0/14 Steps
- 08. Time manager**
14 Exercises
Empowered
0% Complete 0/14 Steps
- 09. Work-life balance**
14 Exercises
Empowered
0% Complete 0/14 Steps
- 10. Goal Setting**
13 Exercises
Empowered
0% Complete 0/13 Steps
- 11. Problem solving**
13 Exercises
Empowered
0% Complete 0/13 Steps
- 12. Self-promotion**
13 Exercises
Empowered
0% Complete
Last activity on 09/11/2023 17:34



- 09. Work-life balance**
14 Exercises
Empowered
0% Complete 0/14 Steps
- 10. Goal Setting**
13 Exercises
Empowered
0% Complete 0/13 Steps
- 11. Problem solving**
13 Exercises
Empowered
0% Complete 0/13 Steps
- 12. Self-promotion**
13 Exercises
Empowered
0% Complete
Last activity on 09/11/2023 17:34
- 13. Presentation skills**
9 Exercises
Empowered
0% Complete 0/9 Steps

PRESENTING THE EMPOWERED COMMUNITY PLATFORM



- ❑ **A virtual space** where the Empowered training programme is available
- ❑ **A virtual community of all interested target group members, where women can contact their peers to exchange experiences**
- ❑ **The platform also connects women with AE trainers, career counsellors, CSOs where they can benefit even further from the project results**



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THE FUNCTIONS OF THE PLATFORM



Training

13 Training Modules available to be accessed by women in English, Greek, Romanian, Italian and Portuguese

Trainings

All Trainings 13

Search Trainings...

Alphabetical All Categories All Instructors

START TRAINING

14 Exercises

01. Digital Transformation

Empowered

Digital technologies and advancements rapidly change the business landscap...

START TRAINING

13 Exercises

02. Remote Work

Empowered

This module aims to present best practices to promote effectiveness a...

START TRAINING

13 Exercises

03. Introduction to Digital media _...

Empowered

The growth of mobile devices and social media has dramatically changed how...

START TRAINING

12 Exercises

04. Introduction to Design Thinking

Empowered

This module aims to introduce the Design Thinking methodology and to...



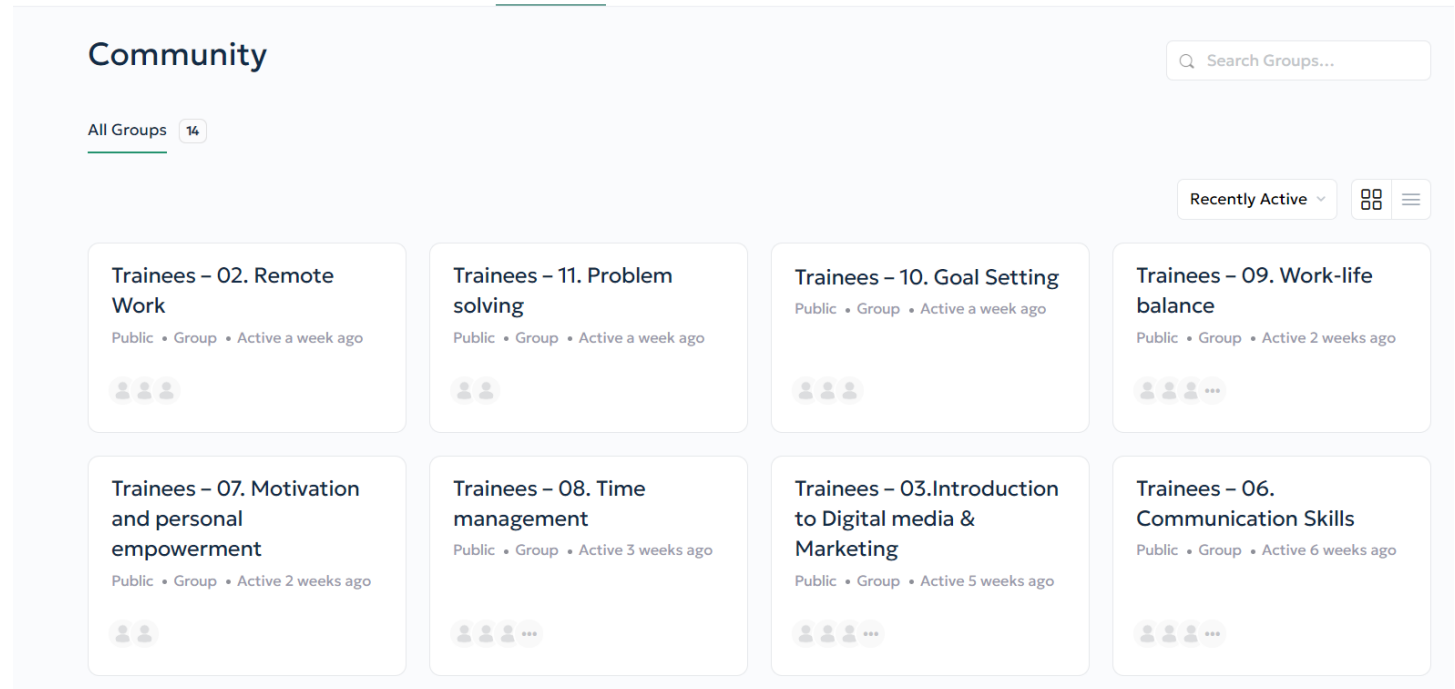
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Community

A lively community of women interacting with their peers, exchanging ideas, learning from each other and empowering each other



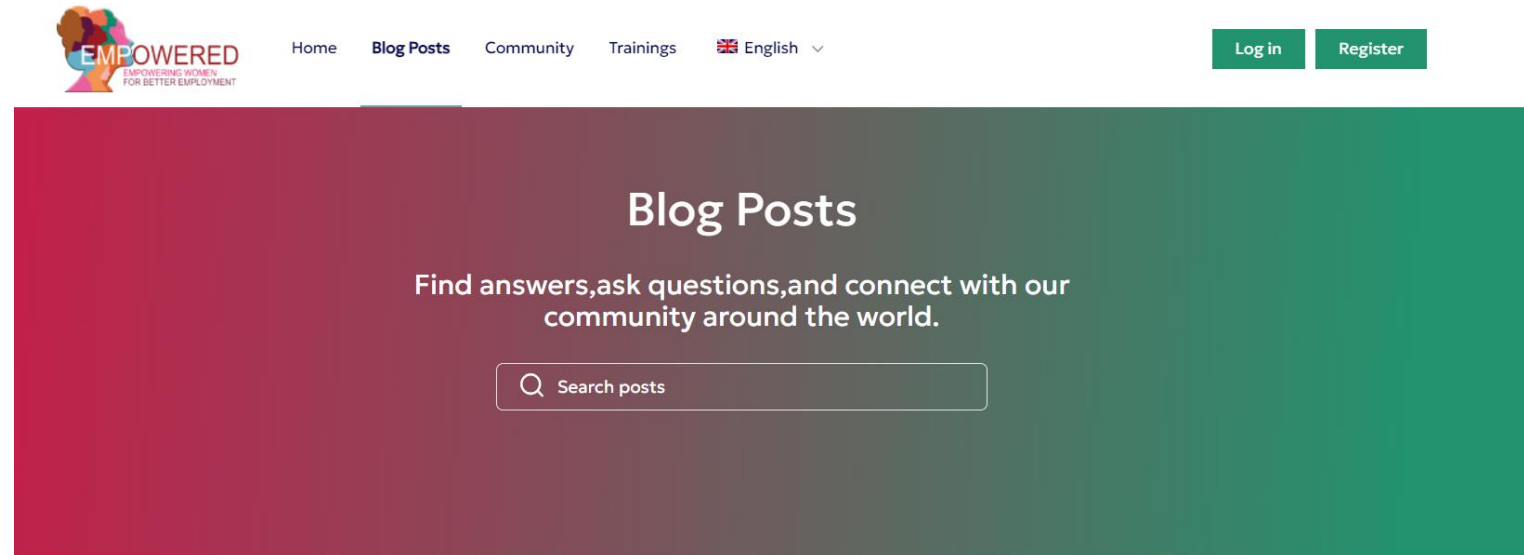
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Bloggging

A tool to connect and interact with peers and the Empowered community



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Thank you!



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